

SAULT COLLEGE OF APPLIED ARTS & TECHNOLOGY  
SAULT STE. MARIE, ONTARIO

**COURSE OUTLINE**

Course Title: RECREATIONAL LEADERSHIP  
Code No.: MRC 114-3  
Program: DEVELOPMENTAL SERVICES WORKER (D.S.W.)  
Semester: SECOND  
Date: JANUARY 1986  
Author: ED FINN

New;

Revision:

APPROVED, *-ilCnk^-"^*  
Chat?person

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Date

COURSE DESCRIPTION:

This field-based course is designed to give the student the functional skills to interact with the developmentally-handicapped person in a one-to-one, small and large group setting.

COURSE GOALS:

1. To maximize the opportunities for individual program planning, small and large group activities.
2. To provide a process to facilitate the student learner toward being an effective staff member.
3. To enhance the D.S.W.'s understanding of the need for and philosophy of leisure time and recreation.

COURSE OBJECTIVES

1. The student will demonstrate progress toward a leadership role, progress toward being a co-operative team member through an experimental learning model.
2. The D.S.W. will demonstrate and verbalize adapting specific activities to meet the limitations of an individual or group.
3. The D.S.W. will demonstrate, in written form, his/her identification of group goals; strengths and needs of his/her assigned client; and individual objectives and planning for training.

METHODOLOGY:

1. Field-based instruction: in which the student will practise a "learn by doing" approach.
2. Lectures: in which the instructor will discuss concepts related to activities for the developmentally handicapped, i.e. age appropriateness, normalization, charting, leadership, etc.
3. Any other methods or materials deemed by the instructor to be necessary to enable the class and/or the individual to reach the course objectives, i.e. YMCA Swim Meet, Play Day, Floor Hockey, etc.

TEXTS: Suggested Resources (**students not required to purchase**)

"A Manual for the Aide in Adapted Aquatics"

...cont'd

"The New Game Book"

EVALUATION! (by D.S.W. standards)

A = 85 - 100%  
B = 75 - 84%  
C = 60 - 74%  
R = less than 60%

1. Regular attendance and participation in class. **10% of final grade**
2. Mid-term and final exam will be given.
3. Individual conferences will be held and a grade will be determined.

**EVALUATION OF COURSES IS SUBJECT TO CHANGE.**

TIME FRAME:

3 hours per week

YMCA (setting)

EF:sdd